Local 597 Vital Cog

Training Sessions

Training Details:

- Vital Cog training recognizes the warning signs that someone may be struggling.
- Members will learn how to engage in meaningful conversations with someone at risk.
- Allows individuals to connect with appropriate support and resources

We encourage all members and apprentices to take advantage of this valuable training opportunity. Learning how to recognize the warning signs and help someone in need can make a difference and potentially save a life.

Register Here:

Training Session Registration

- This event is open to all members and apprentices
- (6) Available session times will be listed in the registration link.

Saturday, December 5th, 2026

Location: Local 597 Training Center
10850 W. 18th, Street
Mokena, IL 60448